HEAD FORWARD
LEADERSHIP PARTNERS

Try This Monday

Five small leadership practices to test in real work. Choose one each week.

Start small, explain your intention and notice the effect. These exercises can support leaders at any stage; adapt them to your responsibilities and team.

1. Make priorities clear

Ask: "What are our three most important outcomes this week?" Agree what can wait and check who owns each action. Notice whether people can explain the priorities in their own words.

2. Ask for useful feedback

Choose a recent interaction. Ask: "What did I do that helped, and what could I change next time?" Listen without defending. Choose one change and tell the person how you will apply it.

3. Delegate with clarity

Agree the outcome, boundaries, authority, resources and check-in date. Ask the person to describe their plan and where they need support. Review the outcome without taking over unnecessarily.

4. Make space for different views

Before a decision, ask: "What might we be missing?" Give people time to think and invite written input where useful. Explain how the input influenced the decision and why.

5. Pause before a difficult decision

Ask: "Who will be affected? What facts are missing? Which expectations or policies apply? Can I explain this decision clearly?" Seek appropriate advice when the issue exceeds your authority or expertise.

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Turn a small experiment into a repeatable habit.

Your weekly practice sheet

This week I will try practice number: ____ Starting date: ____

The situation where I will use it:

What I will say or do differently:

Feedback I will ask for, and from whom:

At the end of the week: what happened and what did I learn?

Next week: what I will repeat or adjust:

Looking for support to turn reflection into action? Explore coaching, mentoring and leadership development at headforward.au.